

Yearly Report on 2024 – 2025 Projects

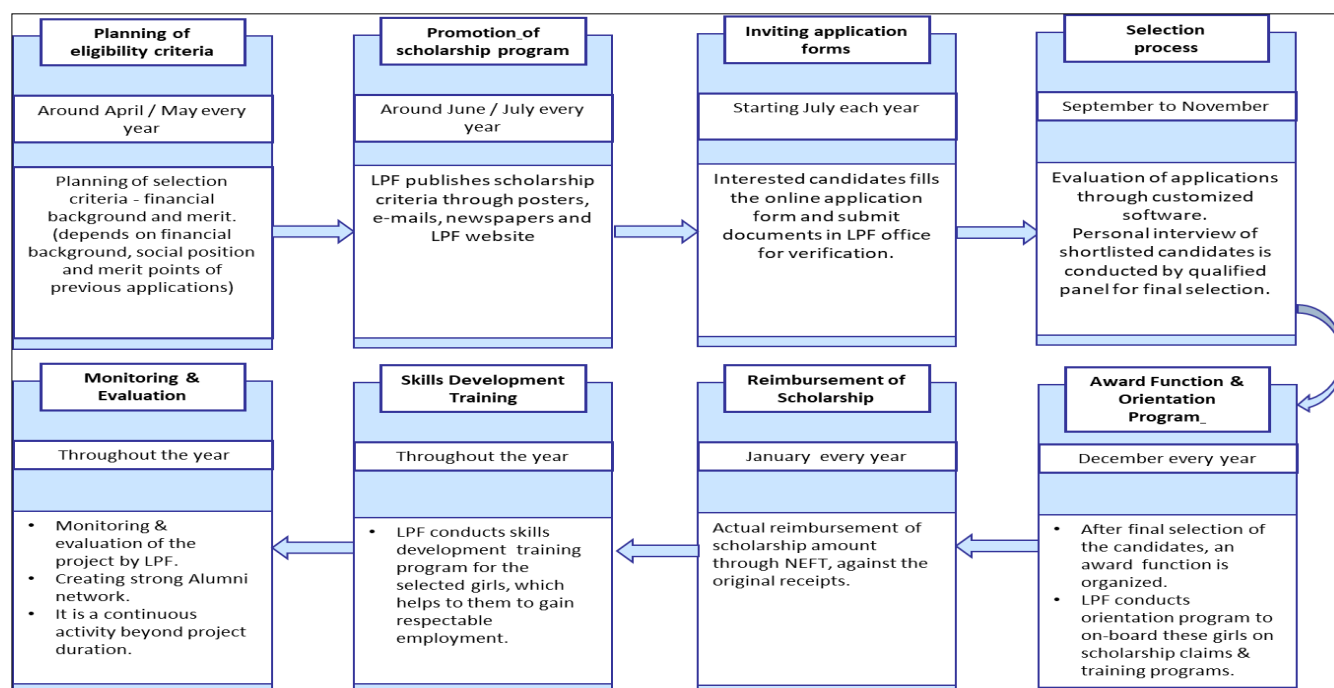
Mukul Madhav Foundation supported LPF Batch 2019 & 2023

(Category - Bachelor of Science in Nursing)

A. Project Objectives:

Name of organization	Lila Poonawalla Foundation (LPF)
Project title	Women Empowerment Through Education and Skill Building (Undergraduate Scholarship & Skill Building Project)
Project description	Empowering academically strong and financially challenged girls studying in Pune district so that they can pursue professional under graduation education (Bachelor of Science in Nursing) and career of their own.
Primary Beneficiary type	Selected girls between age of 17 to 25 years
Project Start and End Date	Project 1 : 2019 – 20 to 2022 – 13 (Completed) Project 2 : 2023 – 24 to 2026 – 25 (Ongoing)
Project Duration	4 Years
Total No. of direct beneficiaries	38

This following is the Project Implementation Cycle followed at various stages of the Project.



B. Projects Description:

LPF being associated with Mukul Madhav Foundation, supported 13 talented girls for Project 1 & 25 for Project 2 from economically underprivileged background to help them complete their Bachelors course. LPF is distinctive in a way that it does not stop by giving financial aid to these girls, but always goes beyond scholarship and regularly conducted various skill building and training programs like Learning skills in Nursing, People Management Session and Career Opportunities abroad in the Nursing profession, Career Guidance for Nursing, Winning with Body Language, Visit To Cipla Palliative Care & Training etc. LPF's follows its strategic planning to provide these training and skill development programs considering academic year, special requirement of their profession, skills and practical knowledge of Nursing field they need to develop along with academics.

The skill training and mentoring provided since first year of their course, positively impacted these girls. They have developed their confidence, practical knowledge, enhanced employability skills and they have better placement opportunities and career growth. Once they complete their final year examination and subsequent internship, they are skilled, independent, empowered professional women to choose their career path and will progress well.

C. Programme Impact

Placement - All #13 LILA Girls secured employment out of from Project 1 Batch 2019.

Financial Independence – Upon gaining employment, the LILA Girls will achieve financial independence, enabling them to meet their own and their families' needs, thereby contributing to the reduction of poverty.

Corporate Readiness – The comprehensive corporate readiness initiatives by LPF have empowered the LILA Girls with the skills, confidence and professional acumen necessary to thrive in diverse landscapes.

Proactive Approach- The girls who are & will be pursuing higher studies will seek employment post completing their course.

Conclusion –

The impact of these outcomes is multifaceted, contributing to individual empowerment, economic development, and societal progress. Educating and equipping girls with skills and opportunities creates a ripple effect that benefits not only the individuals but also their families, communities, and the broader society.

D. Key Project Activities & Accomplishments:

1. Pre – Selection Process: Micro planning, Advertisement & promotion
2. Selection Process – Inviting & Evaluating online applications, Personal Interview
3. Support Process - Award Function & Orientation program for felicitating & onboarding the beneficiaries, Reimbursement of Scholarship
4. Ongoing Process – Training, Monitoring & Evaluation, Counselling

- The support for these girls started in 2019 & 2023 for those who were economically challenged & taken admission in their first year of Bachelors of Science in Nursing.
- With the support of MMF, LPF provided financial aid to these selected candidates every year for completing their course.
- Year on year arranged various skill development programs & mentoring for the selected girls.
- The project 1 (2019 Batch) have completed their course & Project 2 (2023 Batch) are currently pursuing their 2nd academic year.

ACADEMIC KEY PERFORMANCE INDICATORS		
Project Year	Project 1-Year 2019	Project 2-Year 2023
Project Location	Pune	
Course	BSc. Nursing	
No of Girls Supported	13	25
ABOVE 90%	-	-
60% TO 90%	-	21
Less Than 60%	-	2
ATKT (Allowed to keep the term)	-	2
Higher Study	1	NA
Placement	12	NA

- We are very proud to share that from Project 1, The LILA Girls are working in hospitals like Breach candy hospital Mumbai, Bharti Hospital Pune, Ruby Hall Clinic Pune, Holi Family Hospital Mumbai & Sigility Bangalore.
- Out of 13, 12 are working as staff nurses & 1 has landed a role of Clinical Data Reviewer.

E. Financial Overview: A summary of the funds allocated, spent, and any other financial aspects of the project

The financial details for the completed & ongoing batches will be submitted post 30th March as the process is ongoing.

F. Additional Activities

1. College Bag & Diary distribution at LPF office, Baner on Sat, 06th April 2024.

Mukul Madhav Foundation organized a College Bag & Diary distribution event for the supported LILA Girls at the LPF office in Baner, on Saturday, 6th April 2024.

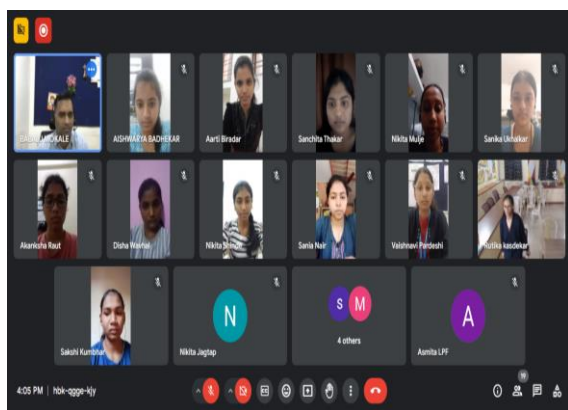


"It was a pleasure to meet Dad and other Lila sisters over there. Dad and we all had a good conversation and he told many things about Mukul Madhav Foundation and how they are working with LPF for making a better future for girls like us. Thanks to LPF and MMF" -

Mansi Dusunge, LILA Girl 2023.

2. Online Interactions with MMF supported LILA Girls was conducted on Wednesday 24th July, 2024 which covered the following:

- Post the introductions, Academic achievements were discussed, with recognition given for the girl's recent results.
- Several LG's provided insightful responses regarding the significance of the scholarship and its impact on their personal and academic development.
- The meeting concluded on a positive note, with agreements to hold similar sessions in the future.



G. Skill Building & Training Program conducted by LPF during for Project 2

(Batch 2023 – 25 supported beneficiaries - **1st Year, 2023-24**)

A. Skill Building/Training Programs: -

1. Self Defense by Mr. Hemen Lohana (Coach and Director, REFLEX Quotient Behavioral & Combat Science) and Mr. Salil Nadkarni (Chief Instructor, REFLEX Quotient).

➤ Content of the Program:

1. To prepare participants for threat analysis, strength, and weakness analysis
2. Effective applications of Self-Defense techniques
3. Physical fitness and conditioning exercises for surviving adversity, and much more

Photo:-



Verbatim of LILA Girl:

"Our safety is our responsibility, and we should defend ourselves in all possible ways in any adverse conditions. Thank you so much, Mom and Dad, for this helpful session. Self-defence is necessary now more than ever, and thankfully, we have learned different tactics to protect ourselves in stressful situations. Sir has taught us many things that are helpful to us in daily life and also in the future." - Nikita, LILA Girl 202

2. Time Management by Ms. Monika Nair.

➤ Content of the Program:

1. How to manage your work according to the time
2. SWOT Analysis
3. Urgent V/s Important

Photo:-



Verbatim of LILA Girl:

"It's a very important session about time management it's a very amazing day to give information about maintaining time and also important about time. She will explain it with examples it will help us and she will give activities also good. I understand the session very well and I will change the time that I was wasting on social media." - Sanika, LILA Girl 2023

2nd Year (2024-25)

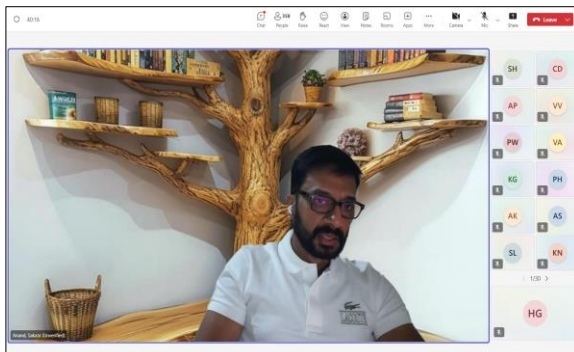
A. LPF Thought Leadership Series: -

1. LPF Thought Leadership Series: 'My Story' by Mr. Sakaar Anand (Vice President, India Country Head, BMC Software)

➤ Content of the Session:

1. Career Journey of Life
2. Importance of Adapt to Change

Photo:-



Verbatim of LILA Girl:

"Sakaar sir emphasized that success often involves taking risks and exploring various paths. I appreciate his positive attitude towards setbacks, his focus on continuous learning, and his dedication to consistent hard work." - Dipti, LILA Girl 2023

B. Skill Building/Training Programs: -

1. Scale Up by Ms. Nilima Gogate

➤ **Content of the Program:**

1. Self-awareness, Self-Esteem, and Confidence
2. Stress and Anger Management
3. Communication Skills - The Art of Conversation
4. Empathy, Small Talk, and Telephone Etiquette
5. Social Grace and Responsibilities

Photo:-



Verbatim of LILA Girl:

"I attended the Scale-Up training session by Ms. Nilima Gogate, and it was very enriching and helpful. The session covered important topics like self-awareness, stress management, communication skills, and social etiquette simply and engagingly." - Disha, LILA Girl 2023

2. Basic of Values & Ethics Principles by Ms. Meera Natarajan

➤ **Content of the Program:**

1. What are the Values of Ethics
2. How do Values impact on Decision Making
3. Principles of Ethics

Photo:-



Verbatim of LILA Girl:

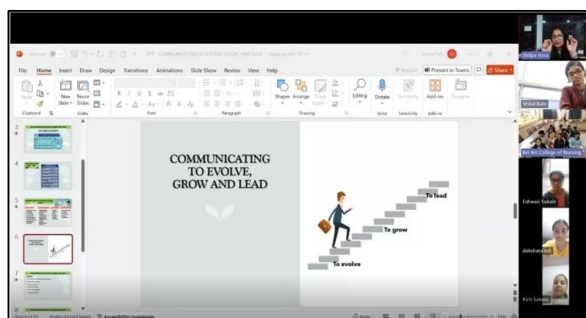
"Human values and ethics serve as the foundational principles that lead us towards success. Meera ma'am imparted eight core values, which she emphasized as the moral compass of life. Her teachings on how to effectively apply these core values were insightful and greatly appreciated. I express gratitude for the valuable sessions that have been provided to help us develop our skills." - Sania, LILA Girl 2023

3. Communicate to Evolve, Lead & Grow conducted by Ms. Shilpa Vora

➤ Content of the Program:

1. Body Language
2. Empathy and Respect
3. Written Communication

Photo:-



Verbatim of LILA Girl:

"During the session, I gained valuable insights into profile building, honed my communication and effective communication skills, and acquired a wealth of other useful knowledge. Overall, it was an engaging, enlightening, and practical experience, and I found the session to be highly enjoyable." - Chanchal, LILA Girl 2023

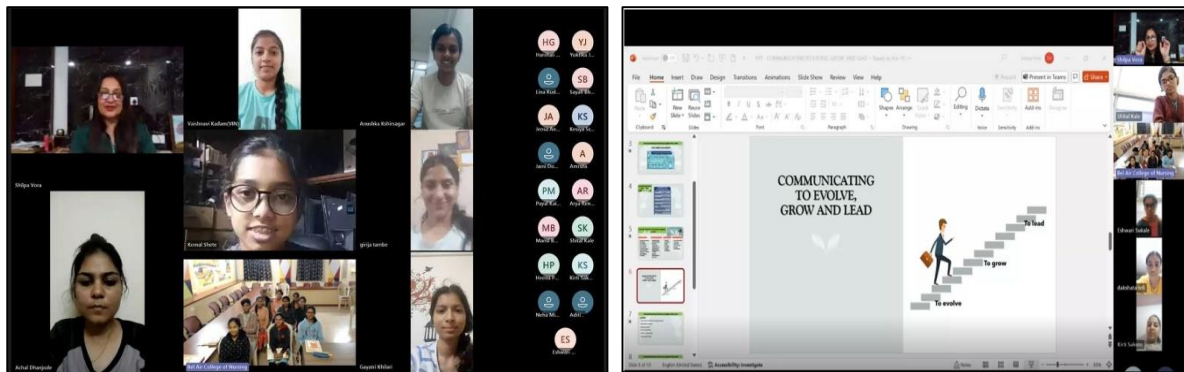
4. Basic Nursing Skills Development conducted by Ms. Sarika Zende

➤ Content of the Program:

1. Nursing Administration
2. Importance of Monitoring Vital Signs
3. Measurement of Body Temperature, Pulse and Blood Pressure

4. Medication and Drugs Management
5. Pre and Post-Care of Patient
6. IPSG Goals (International Patient Safety Goals)

Photo:-



Verbatim of LILA Girl:

"The session was highly interactive and significantly enhanced my understanding of fundamental nursing skills. I gained valuable insights into vital signs, biomedical waste management, and medication rights, high-risk situations, International Patient Safety Goals (IPSG), types of fever, and medication management. Thank you for a very informative and engaging session." - Dipa, LILA Girl 2023

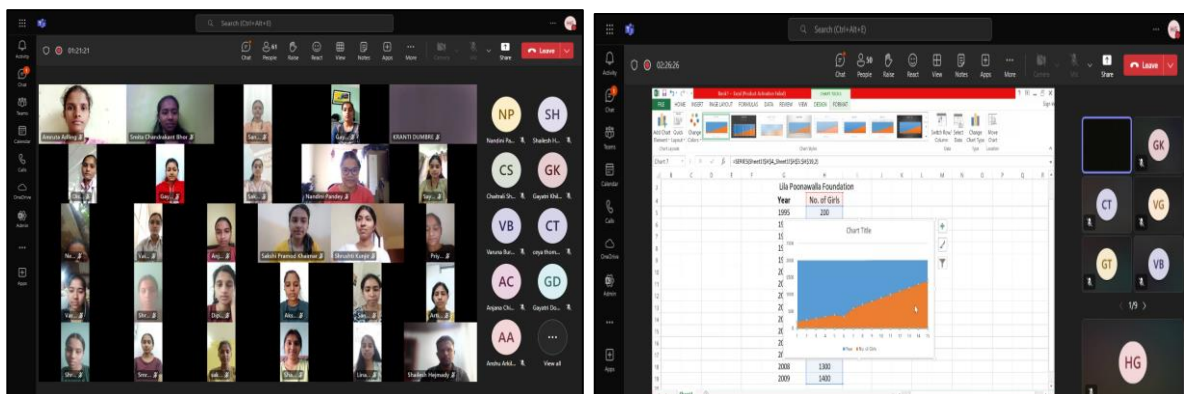
C. Corporate Volunteering: -

1. Basic & Advance Excel by Mr. Shailesh & Kiran (Tata Technologies)

➤ Content of the Session:

1. Introduction & Short Tabs
2. Modifying Rows and Columns
3. Conditional Formatting
4. Introduction to Charts

Photo:



Verbatim of LILA Girl:

"The session was really great. I learnt various things such as How to use the Formulas from excel sheet various types of charts and graphs and application of excel sheet. It included the comprehensive coverage of essential and advanced Excel features. Concepts were explained clearly with practical examples and was well paced for both beginners and advanced users. Overall, the session was very helpful." - Sanika, LILA Girl 2023

2. Communicate Effectively by Ms. Sheenam Dhingra (Concentrix)

➤ Content of the Session:

1. Confidence building
2. Process of communication
3. Tips to improve communication

Photo:



Verbatim of LILA Girl:

"The session was really interactive with meaningful messages as to what an effective communication can be done with not just by means of verbal communication but also nonverbal communication. I learnt that a communication is effective when there is right choice of words, the tone and body language." - Aishwarya, LILA Girl 2023

Upcoming Sessions for the upcoming year

- Self-Reliant Personality Development
- Child Health in Nursing
- Mental Health (Specialized caring for Psychiatric Disorders)
- Know your patient (Nursing Research & Statistics)

H. Sustainability :

- **Improved Economic Stability–**

As the LILA Girls gain employment and financial independence, they will become self-sufficient, reducing their reliance on external aid and ensuring long-term economic stability.

- **Breaking the Cycle of Poverty-**

With steady income, the LILA Girls will support themselves and their families, empowering them to invest in health, education, and personal development, which reduces poverty and fosters lasting societal change

- **Supportive Infrastructure-**

Maintaining resources such as mentorship programs, certifications, training & skill building programs that help the LILA Girls manage their personal and professional growth in the long term.

- **Awareness about the scholarship Programme-**

Promotion of practices & guidelines of LPF, which in turns will provide awareness to the needy & deserving young girls to enroll for the scholarship who want to pursue higher education.


- **LPF Community Support-**



By fostering a strong sense of belonging and shared responsibility, the LILA Girls become empowered and gain confidence through participation in different training programs, industry visits etc.

- **Give Back to the foundation-**

We appeal to the girls to give back to the foundation in form of funding contribution which will support their LILA sisters of new upcoming batches.

I. Glimpse of Success stories of the girls supported by Mukul Madhav Foundation through LPF

1		<p>Aleena Susan Aji – LG 2019</p> <ul style="list-style-type: none"> • Aleena has completed her B. Sc. Nursing from Bel Air College of Nursing, Panchgani. • Her father is farm laborer and her mother is a home-maker. • She got placement in Breach Candy Hospital, Mumbai as a staff nurse with package of Rs. 3 LPA.
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2		<p>Anjali Rameshwar Korekar – LG 2019</p> <ul style="list-style-type: none"> • Anjali has completed her B. Sc. Nursing from Bel Air College of Nursing, Panchgani. • Her father is farmer and her mother is a home-maker. • She got placement in Breach Candy Hospital, Mumbai as a staff nurse with package of Rs. 3 LPA.
3		<p>Jyothis Mariya Johny – LG 2019</p> <ul style="list-style-type: none"> • Jyothis has completed her B. Sc. Nursing from Bel Air College of Nursing, Panchgani. • Her father runs a small grocery shop and her mother is a home-maker. • She got placement in Breach Candy Hospital, Mumbai as a staff nurse with package of Rs. 3 LPA.